



WHAT'S HAPPENING AT AME?

Lest we forget...
November 11



Important School Dates

Monday, November 10

- Remembrance Day Assembly 10:00

Tuesday, November 11

- NO SCHOOL - Remembrance Day

Wednesday, November 12

-

Thursday, November 13

- Picture Retakes
- Hot Lunch: Village Pizza

Friday, November 14

-

Upcoming:

Nov. 17 - Author Visit: Wendy Delcourt
(K's/ Gr. 1 / Gr. 1/2)

Nov. 19 - Norman Foote Concert

Nov. 26 - Cultural Performance: Axe
Capoeira

Nov. 28- Spirit Day: Flannel Friday!

Dec. 2 - Winter Concert (K-3)

Dec. 3 - Winter Concert (K-3)

Dec. 10 - Gr. 5 Entrepreneur Fair

Remembrance Day Assembly

On Monday, November 10 at 10:00 am, our school will come together to honour, remember, and show gratitude to those who served and continue to serve our country. Parents are welcome to join us, please enter through the doors by the gym.

Each student will be given a poppy to wear during the ceremony. We encourage families to send a small donation to school in support of the Royal Canadian Legion and this meaningful symbol of remembrance. Poppies will also be available to parents by donation at the school.

Winter Concert

We're excited to share that our **Kindergarten to Grade 3 Winter Concerts** will take place on **December 2 and 3 at 12:30 pm**! All children will perform on **both days**, but because of safety regulations and limited space, we kindly ask that families attend **only one** performance.

- Families with last names **A - K**
→ **Monday, December 2**
- Families with last names **L - Z**
→ **Tuesday, December 3**



Thank you for helping us keep our concerts safe and comfortable for everyone.

SCHOOL ANNOUNCEMENTS

School Messenger SMS opt In

Take Advantage of our
Text Messaging Services!

Our School District utilizes the SchoolMessenger system to deliver text messages, straight to your mobile device, for important information about events, reminders, school closures, safety alerts and more!

You can participate just by sending a text message "Y" or "Yes" to 978338.

You can also opt out of these messages by simply replying to one of our messages with "Stop"

SchoolMessenger is compliant with the student Privacy Pledge so you can rest assured that your information is safe and will never be given or sold to anyone

School Bus Rules

We kindly ask that parents who have children riding the school bus click [HERE](#) and take a moment to review the school bus rider rules and expectations.



Lost & Found

Our lost and found benches are overflowing with sweaters, gloves, water bottles etc. Please ask your child to take a look for items that may belong to them. Parents are welcome to check the lost and found as well.



Meet Our Staff!

Mrs. Ajmair Sahota
Grade 1 / 2 Teacher



How long have you worked at AME? This is my 4th year being a Timberwolf!!

What makes AME special to you? I love seeing and learning alongside the curious and energetic learners at AME! It is such a wonderful thing to see the joy on their faces when they are excited about all of their developing skills and how their confidence soars! AME is full of leaders (students and adults!) who show genuine care for our community and work together to make it an amazing place to be.

Favourite Colour: Pink



Favourite Hobby: Paddle boarding and playing basketball with my kids!



Favourite Hot Drink: Chai Tea Latte



TIMBERWOLF HIGHLIGHTS

Music with Ms. Pauls

CONCERT COMING SOON!

Our amazing students have been working hard to learn eleven songs from memory for the Norman Foote Concert. They are sounding great! Norman Foote will be doing a dress rehearsal at AME at 10am on November 19th. Classes in this performance are: Sahota, Laycock, Bothe, Galloway, Crowell, and Santucci.

Concert Location: Kelowna Community Theatre

Concert Time: 7:00pm - 8:00pm on Wednesday, November 19th

Purchase Tickets:

<https://www.theboxoffice.ca/upcoming-events/norman-foote-everybody-sings-and-everybody-laughs>

STRINGS SIDEBAR

Our violin students had an exciting week with going past playing "pizzicato" and learning to hold the bow. The bow hold can be a tricky thing, and the tone of the violin is in the bowing. After beginning to hold the bow as well as tighten and loosen the bow hair, students played songs on their violins with the bow for the first time! Way to go, Grade 3's!

Gratitude with Mrs. Cronin

This week during Social Emotional Learning, on the Big Side at AME, students made their own package of Gratitude Cards. They are so excited to put into practice gratitude before bedtime after learning all the benefits that can come from practicing gratitude. Including...sleeping longer and better!

Below are the instructions for their new Bedtime Gratitude Practice and some fun gratitude facts!

Enjoy and sleep well, Timberwolves.

BEDTIME GRATITUDE PRACTICE

Dear Families,

How to Use Gratitude Cards:

- Keep the cards by your child's bed in a small box or basket.
- Each night, choose one card together and read it aloud. Parents can add how gratitude showed up in their day, too
- Pair this with a calming bedtime routine—such as a short story, quiet music, or a few deep breaths.

Thank you for supporting your child's emotional growth at home!



FUN GRATITUDE FACTS!



- Gratitude boosts happiness—Saying "thank you" makes your brain release feel-good chemicals.
- Better sleep—People who write down what they're thankful for often sleep more peacefully.
- Stronger relationships—Thankful people are more likely to have close friends and healthy family bonds.
- Health benefits—Gratitude can lower stress and even help your heart stay healthy.
- Kindness grows—Kids who practice gratitude tend to be more helpful and caring to others.
- Gratitude rewires your brain—Regularly being thankful can make you more optimistic over time.
- It spreads joy—Sharing gratitude makes others feel happier too!





PAC NEWS



Upcoming PAC Dates

January:

Ready to Cook Fill Your Freezer fundraiser (pending)

February 5th + 6th :

Scholastic Book Fair + Bake sale

February 12th:

Valentine's Day dance

June 5th

Fun Fair

AME Spirit Wear Round 2!

Show your Timberwolf pride! Another round of spirit wear orders is open from **November 7-14**. Don't miss your chance to grab your AME hoodie and show your school spirit!

Order on the [munchalunch](#) website under the "fundraisers" tab

Purdy's Fundraiser:

We are almost halfway into our Purdy's Fundraiser. Thank you so much for helping out and spreading the word.

If you haven't yet ordered your Winter fundraising treats you still have time - the deadline is November 18. If you've already ordered, you can share your link with family and friends!

25% of the money spent comes right back to our school to help fund activities for our kids.

Thank you everyone and happy shopping!



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@ANNEMCCLYMONTPAC

for regular updates!

TEACHER FEATURE

Ms. Chow's Grade 3 Class



Our OKM Big Buddies are from Mrs. Mullen's Leadership class. We made Thunderbird poppies and coloured them red and black. We cut them out and glued them on our wreath. Our Big Buddies gave all of us a gift. They gave us bubbles, stickers, bracelets and pumpkin erasers in a little white bag. We felt very happy!

Written by Matija and Mila.



These are our Okanagan Four Food Chiefs Name Crests. We learned about Chief Black Bear, Chief Salmon, Chief Bitterroot and Chief Saskatoon Berry. Chief Black Bear is a Thinker. We all look at information carefully when we read. Chief Salmon is a Learner. We all get it done by doing our work during class time. Chief Bitterroot is a Contributor. Our class includes others by letting everyone play. Chief Saskatoon Berry is an Innovator. We call all think BLG when we add detail to our writing.

Written by Wyatt



For Math we have been building numbers using Base Ten Blocks. For an example, to make 542 we would need 5 hundreds blocks, 4 tens blocks and 2 ones blocks.

Written by Kade